



Ed Patrick: Catch Your Breath

Debut National Tour
February – May 2024

‘Brilliantly funny.’
Matt Lucas

Following a hugely successful Edinburgh Fringe run, comedian, author and anaesthetist, **Ed Patrick** embarks on his debut tour with a with a gut-punch hilarious show about becoming a junior doctor, the NHS, the pitfalls of modern medicine and the power of questioning it.

Laughing gas has been banned, but not in the NHS, and Ed Patrick might be forgiven for feeling numb, what with chronic understaffing, junior doctors striking and many leaving the NHS. But he remains, despite a government that can burn (literally) millions of British pounds of unusable PPE but can't support the healthcare workers to look after you. "I guess plastic aprons don't strike or need a pension," says Ed.

In his role as an anaesthetist, Ed can be found almost anywhere in a hospital, from A&E dealing with emergencies to staffing intensive care units and giving epidurals to assist the joyous moments of childbirth. There's more to his job than being a drug sommelier with a bit of magic thrown in, so join Ed on his travels and find out why the rectum is like a Tardis and how – sometimes – having absolutely no medical knowledge can lead to better medical care. "I'm delighted to be dropping scrubs for the stage (other attire will be worn)," says Ed, "and over the moon to be taking this show and story to some absolutely dream venues. There's a chance I'll get some free parking too, which excites any NHS worker."

Expect tales of the NHS along with stories from outside the hospital walls, and ketamine*

*there will be no ketamine in the show, maybe cocaine**

**there will be no cocaine in the show

‘Had the audience in fits of laughter.’
The Scotsman

Ed Patrick is a comedian, author and NHS anaesthetist. He has performed across the UK, including at the Edinburgh Fringe Festival. Ed hosts the "Comedians' Surgery" podcast where he speaks to guests including **Joe Lycett**, **Rose Matafeo** and **Reginald D Hunter** about their health stories and experiences.

He also created and presented **Infectious Personalities** with Hat Trick Productions, broadcast on **BBC Radio 2** with guests **Charlie Brooker** and **Sindhu Vee**. Ed has written and performed on **BBC Radio 4**, for shows such as **Now Wash Your Hands** and **Newsjack** and has appeared on Channel 4's **Jokes Only An NHS Worker Can Tell** and on BBC Scotland.

Ed's book, **Catch Your Breath**, was published in 2021 by Brazen (part of Octopus Publishing Group). He has also written for the Guardian about the intersection between medicine and comedy.

‘Masterful, playfully provocative writing.’
Chortle

‘Side-splitting and uplifting.’
TheatreBath

‘Packed with funny anecdotes.’
Guardian

‘Strong and unique.’
Voicemag

‘Mixes the funny with the serious to great effect...Patrick provides us with a sharp, witty insight into the life of a junior doctor.’
Three Weeks

‘Hilarious...instantly won over his large audience.’
The Lancet

For Catch Your Breath – the book:

‘Funny, touching and gobsmacking.’
Jay Rayner

‘Extremely funny.’
The Telegraph

'Laugh-out-loud.'

Daily Mail

'Entertaining, if nerve-wracking, anecdotes and emphatic political points.'

Observer

'Very funny.'

Fern Brady

'Ed's journey is funny, sad, harrowing, hilarious, tragic and many other adjectives that don't do justice to the description.'

Colin Mochrie

'I love your book Catch Your Breath. It just feels so personal and so refreshing.'

Adil Ray, Saturday Live BBC Radio 4

'Not many books have you snorting with laughter one moment and blinking away tears the next. You have to read this book.'

Tim Harford

'A joy to read.'

Phil Hammond

FOR IMAGES:

<https://www.dropbox.com/scl/fo/48ek5i0s47mgsoikj2rpx/h?rlkey=gkaxpm33fh913tfoloky9ae1g&dl=0>

Social media:

Twitter: <https://twitter.com/Parmapatrik> @parmapatrik

Insta: <https://www.instagram.com/parmapatrik> @parmpatrik

Facebook: @parmapatrik

Website: <https://www.edpatrickcomedy.com>

Full Listing:

Title: Ed Patrick: Catch Your Breath

Age: 16+

Duration: 1 hour

Feb 11th Leicester - The Big Difference @ 2.30pm

<https://comedy-festival.co.uk/events/ed-patrick-catch-your-breath/>

April 7th Newcastle - The Stand @ 8.30pm

<https://www.thestand.co.uk/performance/16695/ed-patrick-catch-your-breath/20240407/newcastle>

April 17th Bath - The Rondo Theatre @ 8pm

<https://www.ticketsource.co.uk/rondotheatre/t-vvppaee>

April 20th Brighton - Komedia @ 6.30pm

<https://www.komedia.co.uk/brighton/comedy/ed-patrick-catch-your-breath/>

April 26th Birmingham - The Glee Club @ 8pm

<https://www.glee.co.uk/performer/ed-patrick/?location=1>

April 28th Glasgow - The Stand @ 8.30pm

<https://www.thestand.co.uk/performance/16694/ed-patrick-catch-your-breath/20240428/glasgow>

April 30th Edinburgh - The Stand @ 8.30pm

<https://www.thestand.co.uk/performance/16696/ed-patrick-catch-your-breath/20240430/edinburgh>

May 4th Cheltenham - Everyman Theatre @ 7.45pm

<https://www.everymantheatre.org.uk/shows/ed-patrick-catch-your-breath/>

May 6th London - The Comedy Store @ 7.30pm

<https://london.thecomedystore.co.uk/event/ed-patrick-catch-your-breath/>

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