

Edinburgh Fringe 2024: Comedy

## Sasha Ellen: My MILF-shake Brings All the Boys to the Yard



Cabaret Voltaire  
1-25th (not 12th) @ 6.30pm

**'It is impossible not to fall in love with Ellen's storytelling, quick wit, and vibrant energy.'**

★★★★ BroadwayWorld

Sasha doesn't need a child to be a MILF - in fact, a child would probably get in the way of being one. While ageing gracefully into childfree MILFdom, Sasha is at such a weird place in her life even the algorithm doesn't know what to sell her: would madam like a sex enhancement drug with her feeling of existential dread, or would she prefer a nursing bra? Sasha reflects on all the things that hit you like a ton of bricks in your thirties: mortality, morbidity, virility. No one warned her that doctors were going to start telling her what to do to live longer or how much she would have in common with those slutty, slutty turtles and their ability to store sperm for a surprisingly long time.

As Sasha ages out of her Friends years and into her Sex and the City years, she is nowhere near done disappointing her family with her life choices or making wildly premature relationship decisions. Who knew that your average landlord is actually a modern-day Cupid? While trying to explain all of the above to a mental health worker, Sasha realises putting on a happy face may not be the answer.

**'Incredibly clever.'**

★★★★ Broadway Baby

Comedian, writer and actor, Sasha Ellen's first Edinburgh Fringe show, a romantic comedy called *Signal Failure*, transferred to the Soho Playhouse in New York and her first solo stand-up show, *Accidents Happen to Sasha Ellen*, transferred to the Soho Theatre in London. Her 2022 Edinburgh Fringe show *Creeps and Geeks*, was nominated for Best New Show at the Leicester Comedy Festival. Her last stand-up show, *When Life Gives You Ellens, Make Ellenade* was filmed by Next Up and will be released on the platform this year, 2024.

Sasha has co-written a sitcom that was shortlisted for BAFTA's Rocliffe Competition (TV Comedy) and has written material for BBC Radio 4 Extra. Her jokes have also appeared in the Best Jokes of the Fringe collections of The Times and The Telegraph, and she has appeared on Times Radio and BBC Radio Scotland.

Sasha's other live work includes comedy game show Character Building Experience. Created and hosted by Sasha, the show is a unique D&D-style mini-adventure with improvised music, songs and questionable choices. 'Endlessly pleasing, voraciously funny hour of unpredictable nonsense.' The Indiepedant ★★★★★ Shortlisted for Broadway World's Comedy Award. After selling out previous Fringe runs, Character Building Experience will be back this year at The Bedlam Theatre, running July 31 – August 25<sup>th</sup> (not Mondays). Tickets via <https://tickets.edfringe.com/whats-on/character-building-experience>

When not performing comedy or acting, Sasha is a professional Dungeon Master.

**'Sharp and witty.'**  
★★★★ EdFestMag

**'A no-holds-barred chat about sex, life and making the most of Deliveroo that's absolutely worth your time.'**  
★★★★ Edinburgh Reviews

**'Par-excellence in the art of making people laugh.'**  
★★★★ Gonzo Magazine

**Social media links:** @sashakellen

**Website link:** [www.sashaellen.com](http://www.sashaellen.com)

#### **Listing:**

**Title:** Sasha Ellen: My MILF-shake Brings All the Boys to the Yard

**Venue:** Just the Tonic @ Cabaret Voltaire

**Link:** <https://tickets.edfringe.com/whats-on/character-building-experience>

**Dates and time:** 1 - 25 August (not 12) @ 6.30pm

**Age:** 16+

**Duration:** 60 minutes

**Entry:** £5 or PWYW

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